

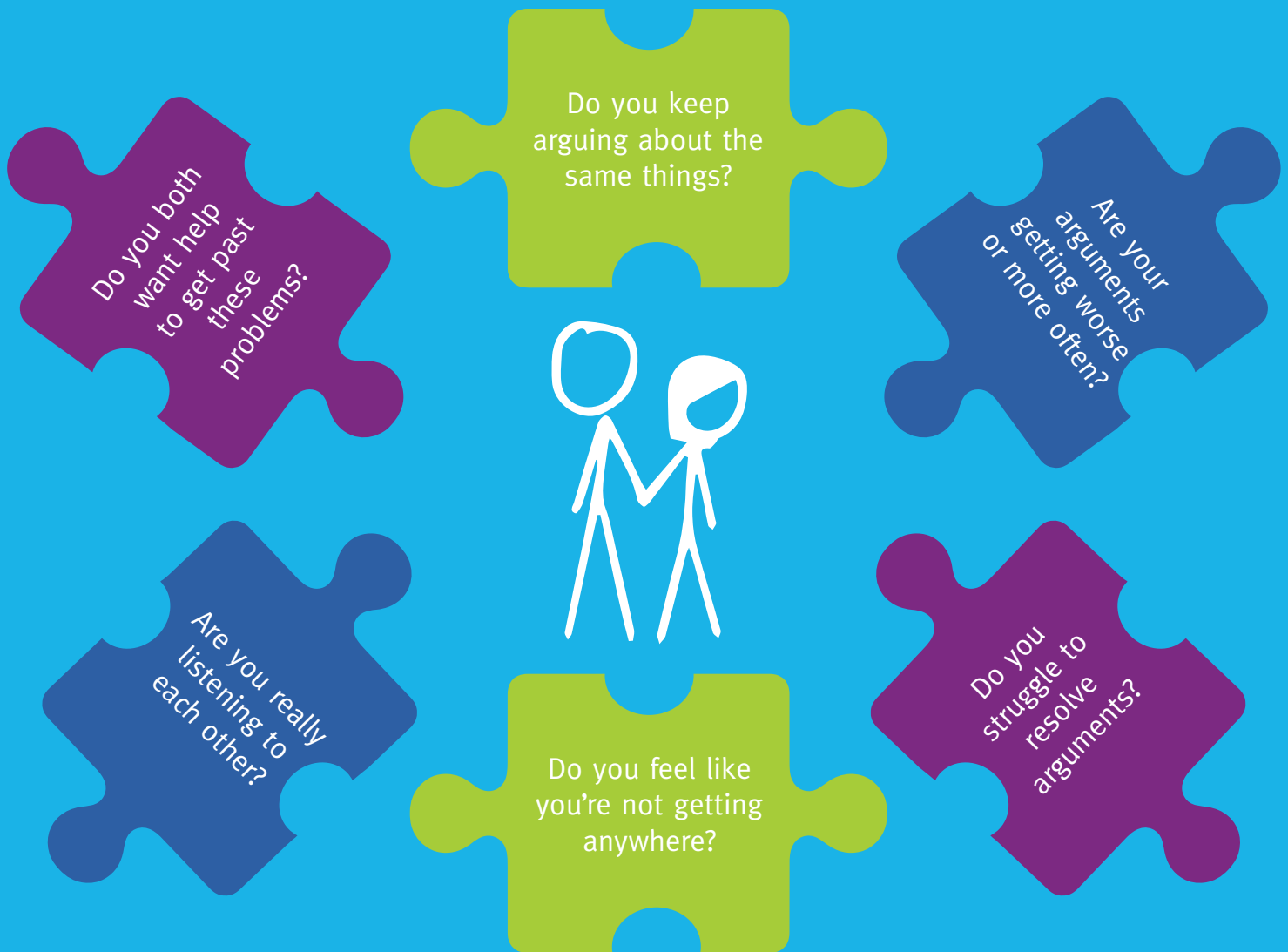
All families argue...

but do you want to make changes?

Do you want to resolve your arguments more easily
and feel more able to have effective discussions?



Reducing Parental Conflict
East Midlands



For more information or support on how you could better manage arguments, speak to a worker or send an email to ReduceParentalConflict@nottsc.gov.uk
For further information scan the QR code or visit:
www.nottshelpyourself.org.uk/relationshipsmatter

